

HOLIDAY SEASON IS JUST AROUND THE CORNER

With the holiday season and celebrations soon upon us, let Goodbye Gluten help you with Food, Baked Goods and Catering. Call or stop by to see + hear what we can offer! With our expanded Catering kitchen, the choices are endless.

NOW OPEN SUNDAYS
10am-4pm

HOLIDAY HOURS

This year Goodbye Gluten will be open between Christmas + New Years to better serve you. Holiday Hours will be posted on our door 2 weeks before Christmas.

LOTS OF NEW ITEMS HAVE ARRIVED – WITH MORE COMING EVERY WEEK

- Large Variety of Fresh Breads
- Organic + Raw Nuts + Seeds
- Healthy Low Carb Snacks
- Cheese Crisps, Edamame Chips + Snacks
- Paleo & Fodmap friendly items
- Vegan + Nut Free Chocolate Bars
- Pizzelles
- Sauces (Plum, Hoisin, Fish + many more)
- Mustards + Salsas
- Cereals + Oatmeals
- New Muffins + Scones from our Bakery
- Daily Sandwiches + Wraps from our Chef
- Flavoured Olives and much, much more!

GROCERIES, FOOD + BAKED GOODS for ALL DIETS

Whether you are on a Cleanse, Foodmap diet, Paleo diet, Virgin diet, Low Carb diet or ANY dietary restriction, we have foods that fit the bill!



GIFT BASKETS & GIFT CARDS

We have an amazing assortment of NEW + EXCITING products to include in any gift basket for any occasion! And we also have GBG Gift Cards in any amount!

CATERING + MENUS

Whether for a breakfast, brunch, lunch, dinner, party or special event, GBG Catering can provide you with delicious Gluten Free offerings. We offer Gluten Free, Nut Free, Dairy Free, Egg Free, Soy Free, Sugar Free, Vegan and more. Our on-line menus will be posted by the first week of December.

WEEKLY SALE SPECIALS





If you have been to the store lately, you will have noticed that every week different items are selected to be on SALE. Drop by often to take advantage of these weekly specials!




FRESH BUNS + BAGUETTES

----- coming soon -----

Our bakers have been hard at work developing delicious Buns + Baguette recipes. Watch for our announcement.

 **ALL ORDERS**   
must be placed by phone or in person.
We do not accept orders by email.

FRESH FROZEN GBG DINNERS

We now have over 50 different types of our own fresh frozen dinners + soups. Try some on your next visit! 



FROZEN COOKIE DOUGH

We now have our own GBG Brand of cookies available in pre-scooped frozen packages so they can be baked fresh when ever you want them!

COME IN FOR LUNCH!

We have a variety of fresh salads, pastas, wraps and sandwiches. Stop by or call ahead with your order!

Toronto's Only Gluten Free Store
Catering to ALL Dietary Restrictions and Food Allergies
including, Nut Free, Dairy Free, Egg Free, Soy Free,
Sugar Free, Vegan and MORE !

2066 avenue road, toronto, on m5m 4a6
t 416.781.9191 f 416.781.9192

w goodbyegluten.com e ricki@goodbyegluten.com

GOODBYE
GLUTEN™
GLUTEN FREE FINE FOODS

GOODBYE
GLUTEN™
GLUTEN FREE FINE FOODS

\$5.00 Off*

Any Purchase of \$50.00 or more

*Restrictions apply. Please present coupon when purchasing.

One coupon per purchase. Expires December 31st, 2014.